

NOVEMBER 2020 HARVEST OF THE MONTH-ROOT VEGETABLES
 MENU SUBJECT TO CHANGE. PLEASE INFORM KITCHEN STAFF OF FOOD ALLERGIES
 BEFORE ORDERING. QUESTIONS? jdevivo@mvyps.org
 THE USDA IS AN EQUAL OPPORTUNITY PROVIDER.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 BLUEBERRY MUFFIN, CHEESE STICK & FRESH FRUIT ----- MAC & CHEESE, STEAMED PEAS, BREADSTICK & FRESH FRUIT	3 CHEERIOS, FRESH FRUIT & MILK ----- NACHOS W/ BUTTERNUT SQUASH QUESO, MEXICAN SPICED VEGGIES & FRESH FRUIT	4 OATMEAL, FRESH FRUIT & MILK ----- CHEESE OR PEPPERONI PIZZA, GARDEN SALAD, FRESH FRUIT OR OATMEAL CHOCOLATE CHIP COOKIE	5 BLUEBERRY MUFFIN, YOGURT & FRESH FRUIT ----- CHICKEN OR VEGGIE FRIED RICE, STEAMED BOK CHOY & FRESH FRUIT	6 CHEERIOS, FRESH FRUIT & MILK ----- FISH OR VEGGIE CHOWDER, HERB CHEDDAR BISCUIT, VEGGIE STICKS & FRESH FRUIT
9 OATMEAL, FRESH FRUIT & MILK ----- PASTA W/ MARINARA & TURKEY MEATBALLS, CAESAR SALAD & FRESH FRUIT	10 BLUEBERRY MUFFIN, CHEESE STICK 7 FRESH FRUIT ----- VEGGIE BEAN & CHEDDAR QUESADILLA, MEXICAN SLAW & FRESH FRUIT	11 NO SCHOOL	12 CHEERIOS, FRESH FRUIT & MILK ----- ROASTED ROOT VEGETABLE SOUP, GRILLED CHEESE SANDWICH & FRESH FRUIT	13 OATMEAL, FRESH FRUIT & MILK ----- SHRIMP OR VEGGIE JAMBALAYA, STEAMED BROCCOLI & FRESH FRUIT
14 BLUEBERRY MUFFIN, YOGURT & FRESH FRUIT ----- ROOT VEGETABLE RATATOUILLE W/ LEMON GARLIC EGG NOODLES, CAESAR SALAD & FRESH FRUIT	15 CHEERIOS, FRESH FRUIT & MILK ----- PORK CHILI VERDE, CORNBREAD, VEGGIE STICKS & FRESH FRUIT	18 OATMEAL, FRESH FRUIT & MILK ----- CHEESE OR PEPPERONI PIZZA, GARDEN SALAD, FRESH FRUIT OR OATMEAL CHOCOLATE CHIP COOKIE	19 BLUEBERRY MUFFIN, CHEESE STICK & FRESH FRUIT ----- BBQ CHICKEN OR VEGGIE BURGER, STEAMED CORN, OVEN FRIES & FRESH FRUIT	20 CHEERIOS, FRESH FRUIT & MILK ----- FISH OR VEGGIE TACOS, MEXICAN SLAW & FRESH FRUIT
23 OATMEAL, FRESH FRUIT & MILK ----- PASTA W/ NUT FREE PESTO, CAESAR SALAD & FRESH FRUIT	24 BLUEBERRY MUFFIN, YOGURT & FRESH FRUIT ----- BEEF OR VEGGIE BURRITO, MEXICAN SPICED VEGGIES & FRESH FRUIT	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL

